"the wild intelligence of our bodies…
draws us ever closer… to the elemental kinship between the human
body and the breathing earth"

- David Abram

**Explore choice and possibility**

This course for clinicians, educators, and movement professionals introduces ways to perceive and notate elements of human movement. Cultivating awareness of movement heightens our experience of and relationship to others. As we explore choice and possibility in Space, Force, and Time, we learn about:

**Attention**
At a given moment we might directly focus on one goal/point, or we may include multiple dimensions/perspectives simultaneously.

**Intention**
Our bodies can engage force through strength, or lightness.

**Decision**
Sustained, (lingering)…or quick

**This class provides**
theoretical introduction to movement assessment systems including Laban/Bartenieff Movement Analysis and the Kestenberg Movement Profile.

**Clinical, educational and creative applications of the material include how:**
- to support positive attachment dynamics through nonverbal communication
- to facilitate optimal learning and attention
- to utilize methods of notation for assessment and choreography.
- to engage nature as a resource for renewal and inspiration

**Elements of Movement**
*Approaches in Human Movement Analysis*

Begins January 2014

For more information contact Kalila Homann at 512-441-8334 or kalila@themindbody.net
Kalila Homann, MA, LPC-S, BC-DMT is a psychotherapist, advanced level dance/movement therapist, and supervisor in private practice. Her work is dedicated to accessing the body's capacity to engage the mind in healing, learning, and growth. She works with both individuals and groups, focusing on the subtle interactive dialogue between psyche and soma. Kalila also provides individual supervision and group consultation for therapists who want to integrate body-mind approaches into their own work. She teaches Neuroscience for the Creative Arts Therapy Department at Drexel University, and she facilitates ongoing postgraduate training programs in dance/movement therapy in Austin and Vancouver, British Columbia.

Course Dates and Times
45 hours total  Fee $1200

Course meets Fridays (unless otherwise noted) at a beautiful studio in South Austin.

January 10, 24  12:30-3:30
February 7, 21  12:30-3:30
March 7, 21  12:30-3:30

Movement in Nature at Colorado Bend State Park
April 11 Field Trip  Friday 9-3
May 2  12:30-3:30

The course culminates in a nourishing and enlivening weekend intensive
May 16, 17, 18  Friday-Sunday  9-4 pm

This 45 hour course is designed to fulfill the requirements for 3 credits of movement observation for alternate route training in Dance/Movement Therapy. 25 CEU hours for LPCs and Social Workers.

To Register  Registration is limited-reserve your space now.
$150  course registration refundable until December 1, 2013.

Name: ____________________________________________

Phone ___________________ Email ___________________

Address: __________________________________________

Profession/Area of Experience: ________________________

For additional information and current course listings: themindbody.net